

New Star Recreation Services

Fall 2022 Programs September 12- November 19, 2022



Registration Ends September 1st, 2022

www.newstarrecreationsservices.com

Cooperative

South Holland Recreational Services- Ed Stewart President

Broadview Park District-Brian Dawson

Calumet Memorial Park District-Hollis Clark

Dolton Park District-Kevin Green

Maywood Park District-Lonette Hall

Riverdale Park District-Gwenette Bradley

About New Star Recreation Services.... New Star Recreation Services (NSRS) is a special recreation cooperative of Broadview, Calumet Memorial, Dolton, Maywood, Riverdale Park Districts, the Village of South Holland Recreational Services Department, and New Star. New Star is a 501(c)3, not-for-profit organization dedicated to challenging the limits and changing the lives of people with intellectual and developmental disabilities. NSRS was organized to provide year-round premier community-based leisure education, recreation services, and activities for people with disabilities.

How to register Fall 2022

Contact Nancy DiGangi 708-207-9141.

Nancy will lead you through the entire process. Make Checks Payable to SRS Special Recreation Services.

NSRS Office Sandridge Fitness Center First Floor (Recreation Side) 600 Oglesby Avenue Calumet City, Illinois 60409 Phone:708-801-9966

Program Locations:

NSRS - Sandridge Fitness Center

Dolton Park District

Blueberry Fields

South Holland Community Center

Sandridge Nature Center Riverdale Recreation Center

Lightford Center

Community locations

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Fall 2022 Programs – September 12th-November 19th, 2022

Mondays:9/12 - 11/14

Little Guppies - Youth

Have fun while learning safety and pre-swim skills such as back float, treading water, and much more! (4:1 ratio)

5:00-5:30pm or 5:30-6:00pm. South Holland pool. Fee:45



Making Waves/Aqua Fitness

Have fun in the pool with friends and get some exercise too! 6:00-6:50pm,
Ages: 16 and older, Location: South Holland pool. Fee: \$40, min/max- 6/15

Tuesdays:

Open Gym Youth- 4:00-4:45pm.

We've got the equipment. You bring the energy. Have some fun playing a variety of sports and meeting new friends as we share the gym with the folks at Sandridge Fitness Center.

Ages: 7-14 yrs. Fee: \$25.

Location: Sandridge Fitness Center 600 Oglesby Ave. Calumet City, IL 60409

Special Olympics Basketball Skills - 6:00-8:00pm - South Holland Gym

For information contact Kenyon:(708)207-0807

Wednesdays:9/22 - 11/17

Alley Cats - 4:00-5:00pm - \$35.

King Pin - 5:00-6:00pm - \$35.

Strike! Spare! It's all fun and games at the bowling alley. Join us at **Dolton Bowl (1401_Sibley Blvd)**, for some friendly competition and a whole lot of laughs!



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Thursdays:

Open Gym- 4:00-4:45pm.

We've got the equipment. You bring the energy. Have some fun playing sports and meeting new friends as we share the gym with the folks at Sandridge Fitness Center.

Ages: Adult. Min/Max: 6-12. Fee: \$25.

Location: Sandridge Fitness Center 600 Oglesby Ave. Calumet City, IL 60409.

Dinner Club (16 and older) - Sept. 22, Oct. 13, Nov. 10, 2022 - 5:15-6:45pm - We will practice our finance and social skills while eating delicious food at local restaurants. You will be notified which restaurant to meet at prior to the event. Fee:\$30 Min/max:3/6.

Fridays:

FNS - 6:30-8:30pm - 16 and older

9/16 - **Autumn Craft - Lantern**

The earlier sunset brings the evening's darkness and the need for more light. So, let's make some colorful lanterns to satisfy that need and add color to our nights.

All supplies are provided. Location: Sandridge office-gym Fee: \$20 Min/max: 6-12

9/23 -**End of Summer Celebration-**

Join us for a night of food, fun, and music with folks from other SRAs. It will be great to finally see some people we haven't seen in a while. Come out for a great time!

Location: Sandridge Fitness Center, Gym

600 Oglesby Ave. Calumet City, 60409

Fee: \$20, min/max: 6/12

9/30- Chefs in Training

Do you want to learn to cook a healthy and scrumptious meal? Well, we are going to do just that. We will follow a simple recipe and then eat what we make. All supplies provided by NSRS.

Location: TBA Fee: \$20. min/max:6/12

10/7 - Ghost Stories and S'mores -

What's better than telling spooky stories to get into the Halloween mood? Why pairing it with s'mores of course. Join us for a fun night of scary stories and yummy s'mores!

Location: Sandridge office \$20. min/max: 6/1

10/14 - Halloween Movie and Popcorn - TBA

Let's relax and enjoy a Halloween movie and popcorn with our NSRS friends. Popcorn and beverages provided. Fee: \$20 min/max: 6/12

10/21 - Just Desserts - Scout Building. Who says you can't have dessert first! Especially when we make it ourselves. We will follow a simple recipe to make scrumptious dessert, then eat it!



Yum! Fee: \$20 min/max:6/12.

10/28 - Oak Lawn Halloween Hip Hop

Dress up in your favorite costume and see if you can identify your friends as we dance the night away at the Halloween Hip Hop. Drop off and pick up at Sandridge office.

Fee: \$20 min/max: 6/8 **Registration deadline-10/21**

11/4 - LWSRA Hoedown -

Have a toe tapping, knee slapping, good time with friends at the LWSRA Hoedown. Drop off and pick up at Sandridge office. Fee: \$30. Min/max: 6/8.

Registration deadline: 10/21

11/11 - NWCSRA Turkey Trot in Romeoville. Don't be a turkey. Come to the NWCSRA turkey trot for a great time! Drop off and pick up at Sandridge office.

Registration deadline:11/5 Fee: \$25. Min/max:6/8

11/18 - Friendsgiving

Let's all come together to celebrate our friendships by dining, dancing, and maybe a little crafting with our NSRS friends.

Location: NSRS office Fee: \$25. min/max:6/12

Special Event Saturdays:

9/24-Apple Picking at County Line Orchard Hobart, IN

10:30am-2:30pm It's apple picking time at County Line Orchard. Red, green, or yellow? Whatever one is your favorite, they will have them. Bring money for lunch, apples, and extras. Drop off and pick up at Sandridge office. Fee: \$25 min/max:6/10

10/1 -Zombie Hunt at Undead Acres in Monee (3450 W Crete-Monee Rd)

Take a ride and hunt zombies. Don't worry, they're friendly. There will also be other activities and snacks available for purchase, so bring money. This is outdoors so dress for the weather. Pick up and drop off at the NSRS office.5:30-9:30pm Fee: \$40. Min/max:6-10

**** strobe lights and other flashing or moving equipment may be used. People who have a history of seizures will not be allowed to register for this event for their own safety****

10/8 - Halloween Mask Craft

12:00pm- 2:00pm - Sweet or scary, we will be making a Halloween mask to wear or for decoration. All supplies are provided.

Ages: 13- adult Location: NSRS office

Fee: \$20 Min/max: 5-8

10/15 - Railway Museum in Union, IL 10am-3pm, Ages:16-adult

Join us for a great day seeing and riding on trains of yesteryear as we, once again, visit the Illinois Railway Museum. Bring money for lunch and souvenirs. min/max:4/6

Fee: \$35

10/22 - Seigel's Pumpkin Farm

10:30am-2:30pm. Ages: 13-adult. min/max: 4/8. Fee: \$35

It's time to search for the best pumpkin to make into a jack o lantern. Seigel's has plenty of other activities and food to eat so bring extra money.

11/5 -Lighthouse Mall

We will enjoy the day shopping, eating, and walking around this quaint outdoor mall in Michigan City Indiana. Bring money for shopping and lunch. Ages: 16-adult

10am-3:30pm, Fee: \$25. Min/max:6-12.

11/12 -Brunch Break

Blueberry Fields in South Holland, 10:00am-11:30am \$25 min/max:4/8 Have brunch on NSRS at Blueberry Fields restaurant in South Holland where we can chat and enjoy one another's company while we enjoy a great brunch. Meet at the restaurant. min/max:4/8. Fee: \$25

11/19 -Movie at Marcus Theater in Country Club Hills -

We can beat the crowds and enjoy a matinee movie with our friends from NSRS. The ticket is purchased by NSRS. We will meet at the theater. You just bring money for snacks. Ages 16-adult. min/max:5/10. Fee: \$25

*****Please drop off and pick up your participant at the time scheduled. Early drop offs interrupt preparation time and late pickups cause staff to stay and facilities to close late which may result in charge of \$1.00 per minute after 15 minutes. *****

Adult Holiday Events: Dec 4-17, 2021

Friday, Dec 2- Orland Park Christmas Ball

Celebrate with friends at the Riviera Country Club, 6:30-9:30pm Fee: \$50. **Registration deadline: 11/10/21**

Monday, Dec. 5- Monday Night Football at BWW Enjoy a night of dinner, socializing and watching football. min/max: 4/8. \$30

Wednesday, Dec 7- DIY Greeting Cards -

Sending handmade greeting cards tells the receiver just how special they are. It is especially true during the holiday season. All supplies will be provided. You just bring your creativity. Time: 6:00-7:00pm Location: TBA Min/max: 4/8. Fee: \$15

Friday, Dec 9- DIY Holiday Decorations – at Dolton Commissioner Building

We will assist you in making one of a kind holiday decoration for your home or to give as gifts. Supplies are provided by NSRS. Time:6:00-7:00pm min/max: 4/8, Location:TBA, Fee: \$15

Saturday, Dec 10- Holiday Magic Brookfield Zoo

We will travel to Brookfield Zoo to see the holiday lights and say hi to the animals. We may even get some hot cocoa to keep us warm. 6:00-9:00pm Location:TBA min/max: 4/8. Fee: \$30

Tuesday, Dec 13- Christkindle Market and Holiday Windows-

We will take the Metra Electric train from Ivanhoe station downtown and walk the few blocks to the Christkindle Market for lunch. Then we will look at the holiday windows on state street before heading back to the train station. Bring money for lunch and extra purchases. Fee: \$20 Min/max: 5/8

Wednesday, Dec 14 - Gingerbread houses - TBA

We will try our hand at making unique gingerbread houses. They make wonderful holiday decorations and are yummy when eaten along with a mug of warm cocoa after the holiday is over. Min/max:6/12. Fee: \$25.

Friday, Dec 16 - Holiday Social. Come celebrate the spirit of the season with delicious food, great music, and your NSRS friends! A catered meal will be served. Location: Sandridge Fitness Center Gym, 600 Oglesby Ave. Calumet City, IL 6:30-8:30pm Fee: \$30, Registration **ends December 2nd.**

Americans with Disabilities Act

New Star Recreation Services supports the Americans with Disabilities Act. NSRS will provide all reasonable accommodations to include persons with disabilities in the community. It is the belief of NSRS that all people are created equal and that they should have equal rights to recreation and leisure opportunities in their communities.

inclusion

NSRS supports programs that allow the participants to perform at the highest possible ability level with success. Some participants may choose traditional NSRS programs while others may choose park district and recreation department offered programs. In cooperation with park district/recreation department staff, NSRS will help to provide reasonable accommodations for all persons interested in inclusion in cooperative park district/recreation department programs. Contact NSRS for additional information.

PROGRAM CANCELLATION & CREDIT POLICY

Program Information

- At the scheduled program time, if no participants arrive within the first 15 minutes, the program will be canceled, and staff will be sent home. No credits will be given.
- NSRS staff look at all circumstances three hours prior to the starting time of the program and transportation routes to determine if the program should be canceled.
- If the program is canceled, program staff attempts to reach all participants by phone to inform them.
- NSRS attempts to extend programs to make up missed dates. You will be notified of program extensions.
- A credit will be given if the enrollment consists of less than the minimum number of participants.
- Requests for credits must be requested 10 business days prior to the beginning of the program. NOTE: Programs which include daily admissions or tickets to entertainment or sporting events, etc. will be a prorated credit based on budgetary considerations.
- A full or prorated credit will be granted if a medical condition prohibits participation. To receive the credit, the NSRS office must be notified before the scheduled event. NOTE: A Doctor's note must be included with the credit request.
- Once a program has begun, no credits will be given.

NSRS will accept out-of-district participants into our program with the registration and payment of \$1,200 annual maintenance fee. This fee, paid to NSRS, can be made in installments through your own park district or all at once. To pay in installments, you must make arrangements with the NSRS Program Director. If you have inquiries, please contact Mike McNicholas at (708) 207-0023.

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Brochure changes/error and delivery disclaimer:

Our staff have made every effort to prepare this brochure as accurately as possible; however, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. NSRS reserves the right to make any such adjustments. We apologize for any errors and will make every effort to advise participants/parents/guardian of any program changes and corrections as quickly and efficiently as possible. The staff apologizes for any inconvenience these errors or adjustments may cause.

Thank you for your patience and understanding. NSRS relies upon the post office for mail deliveries of our seasonal brochures. NSRS assumes no responsibility for mail delivery. If for some reason you do not receive a brochure, please pick one up at our office.

Registration information:

1. Contact Nancy at 708-207-9141 to set up an appointment to register for programs.

Arrangement for payments will be made with Nancy at that time.

2. Neatly complete the Annual Information Form, filling in all appropriate spaces. Missing information will delay your registration. Annual Information Forms are due before the start of programs.

Annual Information form is due before the start of programs.

Forms of Payments: Full payment must be included. Checks made out to Special Recreation Services or cash are accepted. Please write the participant's name on the check. Confirmation of program enrollment will not be sent. You will be notified if a program is canceled or if placed on a waiting list. Fees will not be pro-rated for late or missing classes. Consideration will be made only if the participant is a new resident.

Delinquent accounts: participants will be denied participation if a balance remains from a previous season, or a late pick-up fee has not been paid. Participants attending a program without prior registration and payment, a \$10 administration fee will be added to each program that is attended. This fee must be paid in full before registration can be taken.

Program Code of Conduct

Due to limitations of in-person social-distanced programming, staff will not be able to support disruptive or challenging behavior, and programming may not be fully inclusive. Below are the expectations and guidelines the participants will need to follow to attend in-person programs and/or special events. These expectations are not all inclusive, more may be added.

All participants, parents/guardians, and family members must:

1. Maintain 6 feet of social distance.

2. Participants must be able to function at a 1:4 staff to participant ratio.

3. Wear a face covering over nose and mouth when applicable or as directed by staff.

Participants must be able to remove own face covering and put on independently

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4. Not share food or drink with anyone outside of your parent/guardian or family member.
5. Listen to and comply with staff directions. Participants must be able to follow verbal directions with minimal redirection.
6. Participants must be free of fever over the past 72 hours (temperature less than 100.4 degrees).
7. Refrain from attending in-person programs if you have traveled out of the state within the past 14 days.
8. Remain in designated area for the duration of the program. Participants must be able to stay with the group.
9. Show respect to all participants and staff. Threats and bullying of any form will not be tolerated. Participants must always keep their hands and feet to themselves.
10. Refrain from using foul language or offensive behavior including rude or inappropriate gestures or sexually explicit language.
11. Not be under the influence of alcohol or drugs which would impair the ability to safely participate in the program.
12. Remain fully clothed at all time

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Be sure to check out our participating park districts for additional opportunities for participating in recreational programs by requesting an inclusion aide:

Calumet City,
South Holland,
Riverdale, Dolton

Visit Sandridge Nature Center for fun with nature!

NSRS South Fall & Holiday Program Registration. Name: _____
Check only those programs you are registering for. Payment to accompany registration

| X | Fee | Program | | X | Fee | Program |
|---|------|-----------------------|--|---|------|----------------------|
| | \$45 | Little Guppies | | | \$40 | Making Waves |
| | \$25 | Open Gym Y | | | \$25 | Open Gym A |
| | | Bball Skills | | | \$35 | King Pin |
| | \$35 | Alley Cats | | | \$25 | Apple Picking |
| | \$30 | Dinner Club | | | \$40 | Zombie Hunt |
| | \$20 | Autumn Lantern | | | \$20 | Halloween Mask Craft |
| | \$20 | End of Summer | | | \$35 | Railway Museum |
| | \$20 | Chefs in Training | | | \$35 | Pumpkin Farm |
| | \$20 | Ghost Stories | | | \$25 | Lighthouse Mall |
| | \$20 | Halloween Movie | | | \$25 | Brunch Break |
| | \$20 | Just Desserts | | | \$25 | Movie |
| | \$20 | Halloween Hip Hop | | | \$50 | Christmas Ball |
| | \$30 | Hoedown | | | \$15 | Holiday Cards |
| | \$25 | Turkey Trot | | | \$15 | Holiday Dec |
| | \$25 | Friendsgiving | | | \$30 | Zoo |
| | \$25 | Gingerbread | | | \$20 | C Market |
| | \$30 | Monday Night Football | | | \$30 | Holiday Social |

Total _____ . Paid _____ . Balance due _____ Staff _____

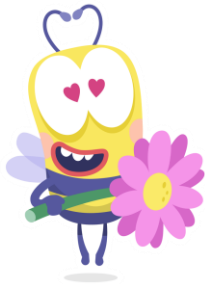


600 Oglesby Avenue
Calumet City, IL 60409
Phone: 708-801-9966

Check out our website:

www.newstarrecreationservices.com & FB
page!

Thank
You



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