



Serving the Maywood, Broadview and Surrounding Communities
Newstarrecreationservices.com

The purpose of NSRS is to be a leading solutions provider to clients with **physical, intellectual and/or age-related disabilities**, their families and their communities by leveraging a culture of innovation, professionalism and caring to exceed stakeholders expectations.



NSRS North Spring 2023 Programs

Weekly Sessions

Strikes & Spares Bowling (Tuesdays)

- **Location:** Hillside Bowl
4545 Harrison Street
Hillside, IL 60162
- **Dates:** Tuesday 4 PM - 6 PM (6-week session)
Session Starts: Tuesday April 4, 2023
Session Ends: Tuesday May 9, 2023
- **Ages:** Adults 18+ with physical, intellectual, and/or age-related disabilities.
- **Registration Fee:** \$35 for a 6-week session. Two games of bowling, bowling shoes, and a light snack each session are included with registration fee.
- **Registration Deadline:** Tuesday March 21, 2022. Participants must be pre-registered.
- **Program Details:** Let us strike up a good time and hit the lanes for some strikes and spares this SPRING! Join us for some social bowling fun and light snacks. No transportation provided. Meet at Hillside Bowl.

Swim Time (Wednesdays)

- **Location:** Proviso East Pool
807 S 1st Avenue
Maywood, IL 60153
- **Dates:** Wednesdays 4:30 PM - 5:30 PM (7-week session)
Session Starts: Wednesday June 14, 2023
Session Ends: Wednesday July 26, 2023
- **Ages:** Individuals 10 years or older with physical, intellectual, and/or age-related disabilities.
- **Registration Fee:** \$50 for a 7-week session.
- **Registration Deadline:** Wednesday May 31, 2023. Participants must be pre-registered.
- **Program Details:** Cool off this summer by having some fun in the pool. Get out of the sun and enjoy some time at Proviso East's pool.



Weekly Sessions

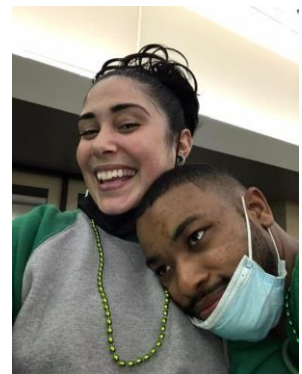
Sunny Arts & Crafts (Thursdays)

- **Location:** Lightford Recreation Center
3rd floor.
921 S. 9th Ave.
Maywood, IL 60153
- **Dates:** Thursday 4:00 PM - 5:30 PM
Starts: Thursday April 6, 2023
Ends: Thursday May 11, 2023
- **Ages:** Adults 18+ with physical, intellectual, and/or age-related disabilities.
- **Registration Fee:** \$20.00 for a 6-week session. Includes craft supplies to construct crafts during the session that can be taken home to enjoy and a light snack.
- **Registration Deadline:** Thursday March 23, 2023. Participants must be pre-registered.
- **Program Details:** Come together for a light snack and some crafting fun with your NSRS friends. Crafts will be decided based on registrant's interests when available. No transportation provided. Meet at Hillside Bowl.

Special Olympics

Special Olympics Athletics (Tuesdays)

- **Location:** TBA
- **Dates:** Tuesdays 6:30 PM - 7:30 PM (9-week session) with Area Games May 6, 2023
Starts: Tuesday March 7, 2023
Ends: Tuesday May 2, 2023 with Area Games May 6, 2023
- **Ages:** Individuals 10-25 years old with physical, intellectual, and/or age-related disabilities.
- **Registration Fee:** \$50 for a 9-week session.
- **Registration Deadline:** Tuesday February 28, 2023
- **Program Details:** The SO Athletics program will consist of individual training for track and field events culminating in the Area Spring Games. There are opportunities for all skill levels in running, walking, throwing, and other events.



Special Olympics

Special Olympics Tennis (Tuesdays)

- **Location:** TBA
- **Dates:** Tuesdays 6:30 PM - 7:30 PM (9-week session) with Area Games TBA
Starts: Tuesday April 25, 2023
Ends: Tuesday June 20, 2023 with Area Games TBA
- **Ages:** Individuals 10-25 years old with physical, intellectual, and/or age-related disabilities.
- **Registration Fee:** \$50 for a 9-week session.
- **Registration Deadline:** Tuesday April 11, 2023
- **Program Details:** What's all the racquet? It's NSRS SO Tennis. You'll love getting in the swing with tennis while we serve up the skills needed for the Area competition.

Special Olympics Bowling (Thursdays)

- **Location:** Hillside Bowl
4545 Harrison Street
Hillside, IL 60162
- **Dates:** Thursdays 6 PM - 7 PM (10-week session) with Area Games July 22
Starts: Thursday May 18, 2023
Ends: Thursday July 20, 2023 with Area Games July 22, 2023
- **Ages:** Individuals 10-25 years old with physical, intellectual, and/or age-related disabilities.
- **Registration Fee:** \$60 for a 10-week session.
- **Registration Deadline:** Thursday May 4, 2023
- **Program Details:** SO Bowling is one of the most popular sports for athletes. We will be working on honing our skill for the Area Competition in July looking to qualify for the state games.

Special Events

Movie Night (Thursday)

- **Location:** Classic Cinemas North Riverside
7501 Cermak Road
Riverside, IL 60546
- **Date:** Thursday April 20, 2023
- **Ages:** Individuals 12 years or older with physical, intellectual, and/or age-related disabilities.
- **Registration Fee:** \$10 per person
- **Registration Deadline:** Thursday April 6, 2023
- **Program Details:** Summer movie season starts early when we see what the newest blockbusters have in store. Bring money for the snacks of your dreams, or just sit back and enjoy the luxury seating of the theater. Movie time TBA when movie listings are available (early evening). No transportation is provided for this event.

Special Events

Family Fun Day & Introduction to Kayaking (Sunday)

- **Location:** Thatcher Glen Pond
738 Thatcher Avenue
River Forest, IL 60305
- **Date:** Sunday April 23, 2023 (2:00 PM - 6:00 PM)
- **Ages:** This inclusive event is open to individuals of all ages and abilities.
- **Registration Fee:** \$20 per person for the event includes all kayaking gear, supervised instruction, field games, and BBQ meal.
- **Registration Deadline:** Thursday April 16, 2023. Participants must be pre-registered.
- **Program Details:** Come join us for a fun afternoon of family fun including games, BBQ, and kayaking on Thatcher Glen Pond. No transportation provided. Meet at Thatcher Glen Pond. Participants must be pre-registered.

Summer Kickoff Cook-Out (Saturday)

- **Location:** TBA
- **Date:** Saturday May 27, 2023 (12 PM - 2:00 PM)
- **Ages:** This inclusive event is open to individuals of all ages and abilities.
- **Registration Fee:** \$15 per person.
- **Registration Deadline:** Friday May 12, 2023
- **Program Details:** Let's start the summer right with an outdoor cook-out. Grilling and games will be on the menu as we ditch the coats and hats for shorts and sunscreen.

White Sox & Wings (Sunday)

- **Location:** Buffalo Wild Wings
7130 Cermak Road
Berwyn IL 60402
- **Date:** Sunday June 18, 2023 (3 PM - 5 PM)
- **Ages:** Individuals 12 years or older with physical, intellectual, and/or age-related disabilities.
- **Registration Fee:** \$25 per person.
- **Registration Deadline:** Friday June 2, 2023
- **Program Details:** The boys of Summer will be a hit as we watch the White Sox, and the Mariners square off in a late afternoon match up. The meal is included with registration. No transportation provided.

Nature Day at Trailside Museum (TBD)

- **Location:** Trailside Museum
738 Thatcher Avenue
River Forest, IL 60305
- **Dates:** June 2023
- **Program Details:** Join us for a fun day at Trailside Nature Museum. Date and time will be determined closer to June when FPCC events are available. Please call to share your interest and be put on a waitlist.

Special Events

Brookfield Zoo (Sunday)

- **Location:** Maywood Park District
921 S 9th Avenue
Maywood, IL 60153
- **Date:** Sunday July 9, 2023 (10 AM - 1:30 PM)
- **Ages:** Individuals 12 years or older with physical, intellectual, and/or age-related disabilities.
- **Registration Fee:** \$50 per person.
- **Registration Deadline:** Friday June 23, 2023
- **Program Details:** We're going to the Zoo, and you can come too. That is, if you register for it. We'll visit animals from around the world and stop for lunch which is included in your registration. Transportation is provided in registration fee. Pick up and drop off at Maywood Park District.



Americans with Disabilities Act

New Star Recreation Services supports the Americans with Disabilities Act. NSRS will provide all reasonable accommodations to include persons with disabilities in the community. It is the belief of NSRS that all people are created equal and that they should have equal rights to recreation and leisure opportunities in their communities.

Inclusion

NSRS supports programs that allow the participants to perform at the highest possible ability level with success. Some participants may choose traditional NSRS programs while others may choose park district and recreation department offered programs. In cooperation with park district/recreation department staff, NSRS will help to provide reasonable accommodations for all persons interested in inclusion in cooperative park district/recreation department programs. Contact NSRS for additional information.

Program Cancellation & Credit Policy

Program Information

- At the scheduled program time, if no participants arrive within the first 15 minutes, the program will be canceled, and staff will be sent home. No credits will be given.
- NSRS staff look at all circumstances three hours prior to the starting time of the program and transportation routes to determine if the program should be canceled.
- If the program is canceled, program staff attempts to reach all participants by phone to inform them.
- NSRS attempts to extend programs to make up missed dates. You will be notified of program extensions.
- A credit will be given if the enrollment consists of less than the minimum number of participants.
- Requests for credits must be requested 10 business days prior to the beginning of the program. NOTE: Programs which include daily admissions or tickets to entertainment or sporting events, etc. will be a prorated credit based on budgetary considerations.
- A full or prorated credit will be granted if a medical condition prohibits participation. To receive the credit, the NSRS office must be notified before the scheduled event. NOTE: A Doctor's note must be included with the credit request.
- Once a program has begun, no credits will be given.

NSRS will accept out-of-district participants into our program with the registration and payment of \$1,200 annual maintenance fee. This fee, paid to NSRS, can be made in installments or all at once. To pay in installments, you must make arrangements with the NSRS Program Director. If you have inquiries, please contact Mike McNicholas at (708) 207-0023.

Brochure Changes/Error and Delivery Disclaimer

Our staff have made every effort to prepare this brochure as accurately as possible; however, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. NSRS reserves the right to make any such adjustments. We apologize for any errors and will make every effort to advise participants/parents/guardians of any program changes and corrections as quickly and efficiently as possible. The staff apologizes for any inconvenience these errors or adjustments may cause.

Registration Information

1. Contact NSRS North at (708) 207-0807 to set up an appointment to register for programs. Arrangement for payments will be made with an NSRS staff at that time.
 2. Neatly complete the Annual Information Form, filling in all appropriate spaces. Missing information will delay your registration. Annual Information Forms are due before the start of programs.
- Annual Information form is due before the start of programs.

Forms of Payments: Full payment must be included. Checks made out to Special Recreation Services or cash are accepted. Please write the participant's name on the check. Confirmation of program enrollment will not be sent. You will be notified if a program is canceled or if placed on a waiting list. Fees will not be prorated for late or missing classes. Consideration will be made only if the participant is a new resident.

Delinquent accounts: participants will be denied participation if a balance remains from a previous season, or a late pick-up fee has not been paid. Participants attending a program without prior registration and payment, a \$10 administration fee will be added to each program that is attended. This fee must be paid in full before registration can be taken.

Program Code of Conduct

Due to limitations of in-person social-distanced programming, staff will not be able to support disruptive or challenging behavior, and programming may not be fully inclusive. Below are the expectations and guidelines the participants will need to follow to attend in-person programs and/or special events. These expectations are not all inclusive, more may be added.

All participants, parents/guardians, and family members must:

1. Maintain 6 feet of social distance.
2. Participants must be able to function at a 1:4 staff to participant ratio.
3. Wear a face covering over nose and mouth when applicable or as directed by staff. Participants must be able to remove their own face covering and put on independently.
4. Not share food or drink with anyone outside of your parent/guardian or family member.
5. Listen to and comply with staff directions. Participants must be able to follow verbal directions with minimal redirection.
6. Participants must be free of fever over the past 72 hours (temperature less than 100.4 degrees).
7. Refrain from attending in-person programs if you have traveled out of the state within the past 14 days.
8. Remain in a designated area for the duration of the program. Participants must be able to stay with the group.
9. Show respect to all participants and staff. Threats and bullying of any form will not be tolerated. Participants must always keep their hands and feet to themselves.
10. Refrain from using foul language or offensive behavior including rude or inappropriate gestures or sexually explicit language.
11. Not be under the influence of alcohol or drugs which would impair the ability to safely participate in the program.
12. Remain fully clothed at all time

**Find us on Facebook at New Star Recreation Services,
or visit our website Newstarrecreationservices.com**



SCAN ME