

New Star Recreation Services

SPRING 2020 BROCHURE *South*



NSRS

New Star Recreation Services



Facebook: New Star Recreation Services
www.newstarrecreationsservices.com

Member Districts

Broadview Park District Calumet Memorial Park District
Dolton Park District Maywood Park District Riverdale Park District
South Holland Recreational Services New Star



NSRS



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SPRING 2020 BROCHURE

About New Star Recreation Services....

New Star Recreation Services (NSRS) is a special recreation cooperative of Broadview, Calumet Memorial, Dolton, Maywood, Riverdale Park Districts, the Village of South Holland Recreational Services Department, and New Star. New Star is a 501(c)3, not-for-profit organization dedicated to challenging the limits and changing the lives of people with intellectual and developmental disabilities. NSRS was organized to provide year-round premier community based leisure education, recreation services, and activities for people with disabilities.

NSRS South Office

Sandridge Fitness Center

First Floor (Recreation Side)

600 Oglesby Avenue

Calumet City, Illinois 60409

Phone: 708-801-9966

Mailing Address

NSRS South Office

600 Oglesby Ave.

Calumet City, IL 60409

**Make Checks Payable to SRS
Special Recreation Services**

NSRS Cooperative

South Holland Recreational Services
Ed Stewart, President

South Holland Recreational Services
Nicole Mason, Treasurer & Alternate

Broadview Park District
Reggie Davis

Calumet Memorial Park District
Targett Johnson

Dolton Park District
TBA

Maywood Park District
Lonette Hall

Riverdale Park District
Kendall Parrott

NSRS Staff

Program Director

Mike McNicholas, CTRS

Recreation Supervisors

Kenyon Duner, CPRP, CPT

Nancy DiGangi, CTRS

Development Manager

Jenny Tomczak, CPT

Program Assistants

Candye Banks

Marquis Hall

Melissa Johnson

Japhun Mays

Tania Meza Sanchez

Raquel Ordaz

Program Locations

**Programs may be run at any of the following sites in
addition to various community sites.**

**NSRS South Office
& Sandridge Fitness Center**

600 Oglesby Ave., Calumet City

Calumet Memorial Field

612 Wentworth Ave., Calumet City

Dolton Bowl

141 E. Sibley Blvd., Dolton

Dolton Main Field House

14700 Evers St., Dolton (147th & Evers)

Dolton Scout Building

721 Engle St., Dolton

New Vision Cinema 8 Lansing

16621 Torrence Ave., Lansing

Blueberry Field

558 E 162nd St., South Holland

Red Lobster

9311 Calumet Ave., Munster, IN.

Riverfront Park

1907 E 166th Pl, South Holland

Sandridge Nature Center

15891 Paxton Ave, South Holland

South Holland Community Center

501 E. 170th St., South Holland



Children's Programs

Little Guppies

Age: 3 - 16

In this swim program, children will increase their comfort level and get introduced to basic swim skills. We will end the session with fun water games. Registration is first come, first serve, and NSRS will try to fulfill all requests. Due to the one on one nature of this program, we reserve the right to move participants to a different time.

Date: Mondays, March 30 - May 18

Time: 5:30 - 6:00 pm

Location: South Holland Community Center

Fee: \$45

Please see page 10 for swim rules.

Exploring Nature

Age: 4 - 8

Join us for some fresh air as we explore our world, learn about nature, and how to care for it. Through reading stories like, "Adventures of a Plastic Bottle" and "The Lorax", we'll explore recycling, plants, trees, and our environment. Stories will be followed by a related activity. This program is both indoors and outdoors so please dress appropriately for the weather.

Date: Tuesdays, March 31 - May 19

Time: 4:00 - 4:45 pm

Location: NSRS South Office/Sandridge Fitness Center

Fee: \$30

Min/Max: 6/8

Alley Cats

Age: 3 and older

If you have some spare time, come and join the best bowling team around. Bumpers and ramps are available, all skill levels are welcomed. Registration is first come, first serve, and NSRS will try to fulfill all requests.

Dates: Wednesdays, April 1 - May 20

Time: 4:00 - 5:00 pm

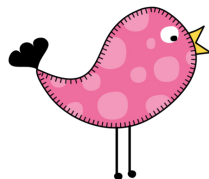
Location: Dolton Bowl

Fee: \$35

Min/Max: 4/30 (for each time frame)

Arrive 10 minutes early to change shoes and get assigned to lanes.

Be considerate of your fellow bowlers and arrive on time. Group Home staff must be present for the entire bowling program.



Mom and Tot Sing Along and Dance!

Age: 18 months - 4

Does your little one like to move and groove to music? Come sing along and dance to nursery rhymes and children's songs. Class is with parent/adult.

Date: Tuesdays, April 30 - May 21

Time: 10:00 - 10:45 am

Location: NSRS South Office/Sandridge Fitness Center

Fee: \$10

Min/Max: 6/8

Music and Dance

Age: 4 - 8

Let's get moving with activities that have us hopping, jumping, and dancing around to interactive music. Then stick around for some sticky fun with Sensory Play, immediately following this program.

Date: Saturday, April 4 & May 2

Time: 10:00 - 10:45 am

Location: NSRS South Office/Sandridge Fitness Center

Fee: \$15

Min/Max: 6/8

Sensory Play

Age: 4 - 8

We will explore our senses; textures, scents, color and even tastes in various arts, crafts and play. Things may get a bit messy so please wear clothes that can get dirty.

Date: Saturday, April 4 & May 2

Time: 10:45 - 11:30 am

Location: NSRS South Office/Sandridge Fitness Center

Fee: \$15

Min/Max: 6/8

Groovin' to the Beat

Age: 9 - 15

Join the fun as we learn some dance moves and sing along with the music in this program that's bound to be a hit! You may even teach your family and friends a thing or two.

Date: Saturday, April 11 & May 9

Time: 10:30 - 11:15 am

Location: NSRS South Office/Sandridge Fitness Center

Fee: \$15

Min/Max: 6/10

Super Soccer Stars

Age: 4 - 10

Dribble, shoot, score! Learn basic soccer skills with your friends at NSRS while playing exciting games. Don't miss out on a kickin' good time. Please wear gym shoes, athletic clothing and bring a water bottle.

Date: Thursdays, April 16 - May 7

Time: 4:00 - 4:45 pm

Location: NSRS South Office/Sandridge Fitness Center

Fee: \$20

Min/Max: 5/10

Friday Night Socialites

Friday Night Socialites

Age: 15 and older

Why stay home on a Friday night when you can hang out with all of your NSRS friends. During this 8 week program, we will be on the move including a movie, dances, food, and much more! Participants may register for this entire program and be eligible for all the dates, or register separately for the nights you wish to attend. Locations and times vary.

Dates: Fridays 4/3 - 5/22

Times: Varies per night

Location: Pick up and Drop off varies

Min/Max: 6/30

Fee: \$154

SINGLE DATE REGISTRATION IS DUE 3 WEEKS PRIOR TO THE PROGRAM DATE

April 3	LWSRA Fiesta	\$22
April 10	No Program	
April 17	Cookie Bake-Off	\$18
April 24	Astrology Night	\$18
May 1	Kentucky Derby	\$18
May 8	Sky Zone	\$30
May 15	Spring Formal	\$30
May 22	Movie Night	\$18

***Transportation is provided for the indicated programs only. Please meet at the site that is stated in the blurb.**



April 3 LWSRA Fiesta* 6:00 - 9:15 pm
Sombreros and Salsa? Let's have a fiesta! We are headed to Lincolnway SRA for dinner and dancing. Evening includes a full dinner and plenty of dancing. Pick up and drop off at NSRS South Office. **Registration must be received by April 3, 2020 to attend the dance.**

April 10 No Program

April 17 Cookie Bake-Off 6:30 - 8:30 pm
Let's bake and eat some cookies, then wash them down with a cold glass of milk. Sugar, flour and fun are the recipe for this evening! Location TBA.

April 24 Astrology Night 6:30 - 8:30 pm
It is said that life's answers can be found in the stars. We will explore our astrological paths to see what they reveal. Snacks will be served. Location TBA.

May 1 Kentucky Derby 6:30 - 8:30 pm
It is once again time for the annual Run for the Roses - The Kentucky Derby. Join us for fun and games as we pick our favorites to win, place or show. Snacks will be served. Location TBA.

May 8 Sky Zone* 6:00 - 9:00 pm
Get excited! It's time to jump up and down with your friends at the indoor trampoline complex, Sky Zone! Pick up and drop off at the NSRS South Office. **An online waiver must be signed by parent/guardian by May 1, 2020. The copy of the waiver must be given to the NSRS staff by May 1, 2020.** Please call the NSRS office for further assistance.

May 15 Spring Formal Dance* 6:00 - 9:15 pm
Dress to the 9's for the enchanting evening of formal dining and dancing. The night is complete with flowers, a keepsake picture and dinner. Pick up and drop off at NSRS South Office. **Registration must be received by April 17, 2020 in order to attend the dance.**

May 22 Movie Night TBA
Let's get things poppin'! Join your friends as we watch a fun feature flick. Bring money for tasty snacks and a drink. NSRS will purchase your movie ticket. You will be notified of the movie and times the week of the program. **Pick up and drop off will be at New Vision Cinema 8 Lansing.**

Special Olympics and Sports

Special Olympics Swim Training

Age: 15 and older

Get into the swim of things with Special Olympics Swimming! Let's work on our techniques and improve our conditioning for the competitions.

Date: Mondays, March 30 - May 18

Time: 7:00 - 7:30 pm

Location: South Holland Community Center

Fee: \$40

Min/Max: 6/10

Please see page 10 for swim rules.

Special Olympics Softball

Age: 13 and older

Dust off your mitt and lace up your spikes, it's time for NSRS softball. We will have practices and play games against other SRA teams. The NSRS softball team is definitely a home run!

Special Olympics Tournament is on Sunday, August 5.

Date: Thursdays, May 21 - July 30

Time: 6:00 - 8:00 pm

Location: Calumet Memorial Field, Calumet City

Fee: \$50 Fall Games Fee (if qualify): \$25

Min/Max: 9/18

**SO Softball needs updating
...THURSDAYS???**

Construction Day Picnic

Age: 15 and older

We will join fellow Special Olympians as we kick off the start of summer. Lunch, games, a D.J. and other activities are included. **You must have a current Special Olympics Medical Application to sign up for this program.** Pick up and drop off at the NSRS office.

Date: Saturday, June 6

Time: 9:30 am - 2:00 pm

Location: Allstate Insurance, Northbrook

Fee: \$15 Min/Max: 10/20

Contact Kenyon to check on your Special Olympics Med App
and when it expires.
kduner@newstarservices.org

Making Waves

Age: 16 and older

Do you like to swim and have fun in the water? If you answered YES, then this is the program for you! Not only will you enjoy swimming, we will have group exercises and play games with your friends. Do not forget your towel!

Date: Mondays, March 30 - May 18

Time: 6:00 - 6:50 pm

Location: South Holland Community Center

Fee: \$40

Min/Max: 6/20

Please see page 10 for swim rules.

Open Gym

Age: 16 and older

NSRS will open its equipment closets and you can pick the activity to run that day. Indoor Bowling? Check. Basketball? Check. Whiffle ball? Check. Who knows what other things we have ready to be enjoyed. Sign up and find out.

Date: Tuesdays, March 31 - May 21.

Time: 6:00 - 7:00 pm

Location: NSRS South Office/Sandridge Fitness Center

Fee: \$25

Min/Max: 6/12

King Pin

Age: 15 and older

Let's strike up a good time and hit the lanes for some frames! When signing up, please indicate what time slot you prefer. Registration is first come first served and NSRS will try to fulfill all requests. We have the right to move you to a different time.

Dates: Wednesdays, April 1 - May 20

Time: Bowl 1- 4:00 - 5:00 pm

Bowl 2- 5:00 - 6:00 pm

Location: Dolton Bowl

Fee: \$35

Min/Max: 4/30 (for each time frame)

Arrive 10 minutes early to change shoes and get to assigned lanes. Be considerate of your fellow bowlers and arrive on time.

Group Home staff must be present for the entire bowling program.

Weekly Programs and Special Events

Craft Club

Age: 15 and older

Show off your creative side with your Craft Clubbers, where we will explore different arts and crafts and create beautiful and useful works of art.

Dates: Wednesdays, April 1 - May 20

Time: 6:00 - 7:00 pm

Location: NSRS South Office/Sandridge Fitness Center

Fee: \$30

Min/Max: 6/15

Spring Fling Stag Dance

Age: 13 and older

Turn back the clock and experience the fun of the old time Sock Hops. Please wear your favorite 50's apparel. Despite the name, shoes are required! Hot dogs and chips will be served. Pick up and drop off at NSRS Office.

Date: Saturday, April 4

Time: 5:30 - 8:45 pm

Fee: \$20

Min/Max: 6/20

Location: Stag High School

Chicago Wolves

Age: 18 and older

Did you know Wolves are legendary because of their spine-tingling howl, which they use to communicate? Come howl with the Wolves and cheer them on to victory!!! Please bring money for food. Pick up and drop off at NSRS Office.

Date: Sunday, April 5

Time: 2:00 - 6:00 pm

Location: Allstate Arena

Fee: \$35

Min/Max: 6/18

Midwest Train Show

Age: 16 and older

Whoo Whoo! If you love trains, then "All Aboard" as we head to Wheaton for the Midwest Train Show. There are all types of exhibits and vendors dealing in everything train related. You can watch different scales of trains run and even control one. Be sure to bring money for lunch and any other purchases. Pick up and drop off at NSRS Office.

Date: Sunday, May 3

Time: 11:30 am - 3:30 pm

Location: Wheaton, IL

Fee: \$25

Min/Max: 6/12

Dinner Club

Age: 16 and older

Let's order up a good time with our friends while we do what we love, have a good meal. Bring \$20+ to each program date to cover drink, meal, and tip. Please bring cash in bills of \$10, \$5, and \$1. Meet at Red Lobster at 9311 Calumet Ave. in Munster, IN, on April 2. We will plan the next date so, bring your suggestions.

Date: Thursdays, April 2 & May 7

Time: 5:15 - 6:45 pm

Locations: April 2- Red Lobster, Munster, Indiana

Fee: \$30

Min/Max: 6/15

Breakfast Buddies

Age: 21 and older

How do you like your eggs? Pancakes or toast? So many options to choose from. Meet us at Blueberry Field Pancake House for our traditional breakfast. If you would like to join us for the Matinee Movie, NSRS will provide transportation to the movie theater. Times may be adjusted for Matinee Movie.

Date: Saturday, May 9

Time: 10:00 - 11:30 am

Location: Blueberry Field, South Holland

Fee: \$18

Min/Max: 6/20

Matinee Movie

Age: 21 and older

We will take in an afternoon flick with all of our friends from NSRS! Bring money for a snack. NSRS will pay for your movie ticket. Join us for Breakfast Buddies and NSRS will provide transportation to the movie theater. You will be notified of the movie and times the week of the program.

Date: Saturday, May 9

Time: TBA

Location: New Vision Cinema 8, Lansing

Fee: \$18

Min/Max: 6/20

Special Events & Cooperative Programs

Lighthouse Mall Trip

Age: 15 and older

We are off to Michigan City Lighthouse Mall in Indiana. We will stop for food at a local restaurant and shop till we drop at the many stores at this outdoor mall. Bring money for shopping and lunch. Please dress appropriately for the weather. Pick up and drop off at NSRS Office.

Date: Saturday, May 18

Time: 9:00 am - 2:00 pm

Location: Lighthouse Mall, Michigan City, IN

Fee: \$30 Min/Max: 6/10

Ready, Set, Hike!

Age: 16 and older

Spring is finally here so let's get outside and take a hike. The hike will be lead by a naturalist from the Sandridge Nature Center, who will help us see all the beautiful things that spring brings us. This is an outdoor program so please dress appropriately for the weather. Meet at Sandridge Nature Center.

Date: Saturday, April 11 & May 2

Time: 1:30 - 2:30 pm

Location: Sandridge Nature Center, South Holland

Fee: \$10

Min/Max: 4/8

Disk Golf

Age: 16 and older

Put some spring in your step and toss the discs around the Riverfront Park Disc Golf Course. Participants will receive a disc, rules and lots of fun with friends! Meet at Riverfront Park.

Date: Saturday, April 25

Time: 9:00 - 11:00 am

Location: Riverfront Park, South Holland

Fee: \$10

Min/Max: 6/10

Cooperative Programs with South Holland Recreational Services

Contact the Village of South Holland Recreational Services for more information and registration.

Land Fitness

Age: 18 and older

Date: Mondays, March 30 - May 25

Time: 4:15 - 5:15 pm

Location: South Holland Community Center

Aquatic Fitness

Age: 18 and older

Date: Wednesdays, April 1 - May 27

Time: 4:15 - 5:15 pm

Location: South Holland Community Center

Meet Calumet Memorial Park District's New
Executive Director and NSRS Board Member!

Targett T. Johnson

Hello Residents!

**My name is Targett Johnson, and I'm
pleased to introduce myself as the new
Executive Director of the CMPD!**

I'm a lifelong South Sider, hailing from the Pullman/Roseland community. I'm a graduate of the University of Illinois at Champaign-Urbana, I'm a certified Parks & Recreation Professional, and I've spent the past twenty years in the field of recreation. I have a strong passion for youth, sports and education.

My vision is for the CMPD to gain and maintain accreditation. I'm certain that each of our staff members share my value of hard work, strong ethics and a commitment to serving the community. I'm incredibly excited about where we will be taking the Calumet Memorial Park District, and I invite all of you to join us on the journey!

**Thank you,
Targett T. Johnson, M.S./CPRP
Executive Director**



Summer Day Camp

A Few Notes.....

- NSRS' core day camps- Discovery, Adventure and Explorer are six weeks in length and are scheduled Monday - Thursday. These camps will maintain a constant location, schedule, and staff.
- Field Trip Fridays, which is a separate sign up, will occur each week.
- NSRS reserves the right to determine the appropriateness of participants in all camps.

Payment

A \$100 non-refundable deposit is due at the time of registration. This deposit will be subtracted from the amount owed for summer camp. NSRS is offering 2 payment plan; 4 week and 6 week plans.

All camp fees must be paid in full by Wednesday, July 10, 2020.

Camp Information

- Please send your campers with a lunch, water bottle, swimsuit, towel, and sunscreen every day.
- All PM campers must arrive at camp by 12:30 pm.
- Adventure and Explorer will swim 2 days a week.
- If camper uses a carseat or booster, they will need to be left daily in case an outdoor activity changes to an opportunity to go somewhere where we will need to provide transportation.

Parent Packet

Once you are registered for summer camp, NSRS will need additional information about each camper. A Parent Packet will include a Parent Camper Guide, Directions & Maps, Authorization for Pick-Up Form, Medication Dispensing and Waiver, Parent Questionnaire and Annual Information Form. Please include a copy of most recent I.E.P. **All paperwork is due by June 15, 2020 to begin camp on Monday, June 22, 2020.** Additional paperwork may be required.

The Parent Packet will be available for pick up at the NSRS Office starting April 6, 2020.

CAMP REGISTRATION DEADLINE

A completed Registration Form and Parent Packet must be completed by Monday, June 15, 2020 for your camper to begin on June 22, 2020.

If paperwork turned in after June 15, camper will begin camp on June 24.

Paperwork turned in after camp has started, **camper will start a minimum of 48 hours** after completed paperwork is turned in.

* If you are registered for Before and/or After Care Monday-Thursday and Field Trip Fridays then you are eligible for Before and/or After camp on Fridays at no additional cost. *

Discovery

Age: 5 - 11

Location: TBA

Min/Max: 4/8

We will discover the wonders of our world, as well as continuing to develop our skills, through fun activities, free play, stories, sensory projects, and sharing our lives with friends. Campers will need to provide a change of clothes in a clearly labeled bag. All campers will need to bring a completely disposable lunch, water bottle, and sunscreen each day.

Option	Days/Dates	Times	Fee
AM Only	Monday, June 22 - Thursday, July 30 No camp Fridays	9:00 am - 12:00 pm	\$300
Full Day Camp		9:00 am - 3:00 pm	\$500
PM Only		12:00 - 3:00 pm	\$300

Summer Day Camp

Adventure

Age: 12 - 17

Location: TBA

Min/Max: 5/10

We will make each day a new adventure and improve our skills through friendships, enjoyable activities, indoor and outdoor games, arts and crafts, fitness, and nutrition. Each day please bring a completely disposable lunch, water bottle, sunscreen and a change of clothes.

Explorer

Age: 18 and older

Location: TBA

Min/Max: 5/10

Each day will be spent exploring opportunities and utilizing skills for the enhancement of our adult life including, fitness, healthy cooking, sports and other recreation, and entertainment. Each day, please bring a completely disposable lunch, water bottle, sunscreen, and a change of clothes.

Option	Days/Dates	Times	Fee
AM Only	Monday, June 22 - Thursday, July 30 No camp Friday	9:00 am - 12:00 pm	\$300
Full Day Camp		9:00 am - 3:00 pm	\$500
PM Only		12:00 - 3:00 pm	\$300

Before and After Care

Age: 12 and older

Location: TBA

Min/Max: 5/10

Need extra help in the morning or after camp? Sign up for before or after care. Play board games, cards and participate in outside activities. Before and After Care are available for Adventure and Explorer only.

Option	Days/Dates	Times	Fee
Before Care	Monday, June 22 - Thursday, July 30	8:00 - 9:00 am	\$85
After Care		3:00 - 4:00 pm	\$85

Field Trip Fridays

Age: 12 and older

Location: TBA

Min/Max: 5/15

What's the most exciting day of the week? FRIDAY! We will explore things near and far, inside and out. Get ready for some fun in the sun and be prepared to laugh a ton. Each Friday, please bring a completely disposable lunch, water bottle, sunscreen, and a change of clothes.

Option	Days/Dates	Times	Fee
AM Before Care	Fridays, 6/26, 7/3, 7/10, 7/17, 7/24 & 7/31	9:00 am - 12:00 pm	\$30*
Field Trip Fridays		9:00 am - 3:00 pm	\$150
PM After Care		12:00 - 3:00 pm	\$30*

Mini Camp

Age: 12 and older

Location: TBA

Min/Max: 4/8

This year, we are trying something new and accommodating the different school schedules. Ease into summer with one week of mini camp before Day Camp. We will continue the camp fun with one more week following Day Camp.

Option	Day/Dates	Times	Fee
Session I	Monday, June 15 - Thursday, June 18	9:00 am - 3:00 pm	\$80
Session II	Monday, August 3 - Thursday, August 6	9:00 am - 3:00 pm	\$80

Program Information

CANCELLATION DUE TO WEATHER

NSRS attempts to hold programs whenever possible. Cancellation of a program or event is possible due to adverse weather conditions, especially if it is an outdoor activity or the roads are considered unsafe for driving. You will only be called if a program is canceled. The following guidelines will be used to determine cancellations.

SEVERE COLD WEATHER CONDITIONS:

*Outdoor programs: A temperature of 10 degrees or lower or wind chill of 0 degrees or less.

*Program with transportation: A temperature of -5 degrees or wind chill of -15 degrees or less.

*All programs: Snow storms, blizzard warnings, or conditions with driving restrictions, and emergency accident plans are in effect.

SEVERE HOT WEATHER CONDITIONS:

*Outdoor programs: Lightning conditions and 30 minutes after lighting has ceased.

*Outdoor programs/indoor sites without air conditioning: Temperature of 95 degrees or higher or a heat index of 105 degrees or higher.

*Program with transportation: Heat index of 115 degrees or higher.

*All programs: Heat index of 115 degrees or higher.

*All programs: Tornado warning in effect in Cook or surrounding counties.

NSRS will use discretion when determining program cancellation due to other weather conditions, watches and warnings.

PROGRAM CANCELLATION & CREDIT POLICY

- At the scheduled program time, if no participants arrive within the first 15 minutes, the program will be canceled and staff will be sent home. No credits will be given.
- NSRS staff look at all circumstances three hours prior to the starting time of the program and transportation routes to determine if the program should be canceled.
- If the program is canceled, program staff attempts to reach all participants by phone to inform them.
- NSRS attempts to extend programs to make up missed dates. You will be notified of program extensions.
- A credit will be given if the enrollment consists of less than the minimum number of participants.
- Requests for credits must be requested 10 business days prior to the beginning of the program. NOTE: Programs which include daily admissions or tickets to entertainment or sporting events, etc. will be a prorated credit based on budgetary considerations.
- A full or prorated credit will be granted if a medical condition prohibits participation. To receive the credit, the NSRS office must be notified before the scheduled event. NOTE: A Doctor's note must be included with the credit request.
- Once a program has begun, no credits will be given.

PROGRAM GUIDELINES

- If a participant cannot attend a program, he/she cannot send a substitute in their place.
- Parents/guardians are required to "check in" with the NSRS program supervisor when arriving and departing a program.
- Participants will only be released to designated individuals approved by parents/guardians. Parents/guardians are asked to notify the NSRS program supervisor prior to the occurrence.
- Participants must be picked up at the designated time that is listed in the program guide, flyer, or verbally informed by the staff.
- Programs or events will be canceled due to insufficient enrollment. Please note minimum and maximum registration numbers.
- Programs or events may be canceled due to inclement weather and make up dates may not be arranged.
- NSRS staff will not leave any person unattended nor release any person to walk unattended after any program unless written permission has been received from said individual's parent/guardian.
- On occasion, NSRS staff may photograph or video tape participants in programs or events. These photos are for NSRS, member districts, and New Star use only and may be used in online publications, brochures, pamphlets, flyers, videos and/or social media.
- While NSRS staff will assist participants with their belongings at programs, NSRS will not be responsible for lost or stolen property. Participants should not bring valuables to programs.

Little Guppies, Making Waves & SO Swim Training PLEASE NOTE:

- ▶ NSRS staff are unable to assist or provide supervision to participants in the locker rooms.
- ▶ Arrive at least 10 minutes early to allow time to change into your swimsuit.
- ▶ **YOU MUST** check in with the NSRS swim staff.
DO NOT leave your participant(s) in the lobby, locker room, or the pool deck unattended.
- ▶ All those entering the pool must shower first.

Please be advised that if a participant gets sick or has a bowel movement in the pool, the following procedures will take place:

- **1st offense:** 2 week suspension with no refund.
- **2nd offense:** 12 month suspension.
- **3rd offense:** permanently suspended.

Program Information

AMERICANS WITH DISABILITIES ACT

New Star Recreation Services supports the Americans with Disabilities Act. NSRS will provide all reasonable accommodations to include persons with disabilities in the community. It is the belief of NSRS that all people are created equal and that they should have equal rights to recreation and leisure opportunities in their communities.

INCLUSION

NSRS supports programs that allow the participants to perform at the highest possible ability level with success. Some participants may choose traditional NSRS programs while others may choose park district and recreation department offered programs. In cooperation with park district/recreation department staff, NSRS will help to provide reasonable accommodations for all persons interested in inclusion in cooperative park district/recreation department programs. Contact NSRS for additional information.

PARTICIPANT EXPECTATIONS

1. Participants must have bowel and bladder control or arrive at the program wearing Depends or similar item under clothing. If this is a concern, please contact the NSRS office.
2. Overall appearance should be clean (hair, face, teeth, hands, nails, etc.). Please make sure nails are trimmed.
3. Clothing is clean and dry.
4. Appropriate attire for program participation (i.e. gym shoes, warm-ups or loose/comfortable fitting clothing for athletics/sports programs or jacket, hat and gloves for an outdoor program in cold months).
5. We ask that you arrive no earlier than the scheduled time for programs and trips. NSRS is not responsible for participants arriving prior to the scheduled program time.

BEHAVIOR EXPECTATIONS AND GUIDELINES

Staff, participants, volunteers, and parents shall:

1. Show respect to all participants, staff, volunteers, and parents; furthermore, take direction from staff.
2. Refrain from using abusive and/or foul language and discussing inappropriate topics.
3. Refrain from causing bodily harm to self or others.
4. Demonstrate respect to equipment, supplies, uniforms, vehicles, and facilities.
5. Represent NSRS in a manner that is consistent with the goals, objectives, and ethics of the agency.

A caring, positive approach will be utilized regarding the use of disciplinary methods. Additional or individual behavior management plans may be developed on the advice of parents, guardians, staff members, or other professionals. NSRS reserves the right to dismiss or suspend a participant if the above noted procedures are not adhered to, and/or, parent/guardian response to a problem situation is not attempted. Each situation will be evaluated individually and on its own merit. In addition, bullying behavior of any nature will not be tolerated.

NSRS promotes the concept of “equal fun for everyone”. Participants are expected to exhibit appropriate behavior at all times. However, certain rules and guidelines have been established to ensure the safety and enjoyment for everyone. Additional rules may be developed for particular programs and athletic leagues as deemed necessary by staff.

PARTICIPATION GUIDELINES WHEN ILLNESS OCCURS

To prevent the spread of contagious diseases, in consideration of other participants and staff, it is recommended that participants refrain from attending programs when any of the following conditions exist:

- Fever of 100 degrees or higher
- Persistent diarrhea in conjunction with other symptoms
- Persistent cough and/or cold symptoms
- Runny nose with yellow or green discharge, which indicates infection
- Fatigue due to illness, that will hinder participation and enjoyment of the program
- Symptoms of mumps, measles, chicken pox, strep throat, flu, Impetigo, Coxsackie virus, head lice, mites, and ringworm
- Vomiting within the last 24 hours
- Contagious rash or a rash of unknown origin
- “Pink eye” (conjunctivitis) or discharge from the eye

Participation Guidelines When Illness Occurs

Please notify NSRS office staff if the participant contracts any contagious illness that will affect his/her attendance at the program. Participants should return to programs at the recommendation of the doctor, or if not under a doctor’s care when the symptoms have clearly passed. NSRS may request that a participant submit a doctor’s release in order to participate in NSRS programs or special events.

PLEASE NOTE:

NSRS staff has the right to deny participation to any individual exhibiting symptoms of an illness or fever. If a participant becomes ill during a program, a parent/guardian or emergency contact will be notified and asked to pick up the participant.

Program Information

EARLY ARRIVAL AND LATE PICK-UP FEE

If a participant is brought to a program/drop-off site earlier than five (5) minutes before the designated time, please understand that supervision will not be provided and you must stay with the participant until the staff is ready to accept that person. In the event an individual is present more than five (5) minutes before the scheduled drop-off time (ex: PACE or any other public/private transportation) NSRS staff are not responsible for the participant until the scheduled drop-off time. For safety reasons, parents or caregivers MUST make sure chain of custody is established with a NSRS staff when dropping off or picking up a participant.

In order for programs to run smoothly and on time, NSRS can only wait five minutes after a program begins for any late participants, this includes the PACE bus system or any other type of transportation. If you have any questions regarding this, please contact a full-time NSRS staff during business hours.

Remember to note the drop off and pick up times for your programs. There are many times that the staff work programs one right after the other. NSRS staff cannot leave until all participants are picked up from a program. Therefore, it is important that all participants are picked up and dropped off on time. Regardless of transportation arrangement (PACE or any other public/private transportation), untimely parents/guardians and caregivers are responsible for the child's transportation. If transportation is not on time for participant pick-up, a \$5.00 fee will be assessed for every five minutes late. Late fee payment is due within one week of notification. Registration for other programs will not be accepted until all outstanding fees are paid. Payments can be mailed or turned into New Star Recreation Services office, 600 Oglesby Avenue, Calumet City.

BROCHURE CHANGES/ERROR AND DELIVERY DISCLAIMER

Our staff have made every effort to prepare this brochure as accurately as possible; however, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. NSRS reserves the right to make any such adjustments. We apologize for any errors and will make every effort to advise participants/parents/guardian of any program changes and corrections as quickly and efficiently as possible. The staff apologizes for any inconvenience these errors or adjustments may cause. Thank you for your patience and understanding. NSRS relies upon the post office for mail deliveries of our seasonal brochures. NSRS assumes no responsibility for mail delivery. If for some reason you do not receive a brochure, please pick one up at the NSRS Office.

TRANSPORTATION FOR GROUP HOMES

When more than one individual from a group home or an entire group home signs up for a New Star Recreation Services program, that group home must provide their own transportation to the program/event. Group Home staff are welcomed to follow NSRS staff from our pick up point, which is mainly NSRS Office, to the final program destination. Additionally, group home staff must remain for the full duration of the program and assist the members of their group home. Please provide NSRS with a contact name, phone number and email address and we will send directions and meeting times.

OUT-OF-DISTRICT POLICY

NSRS will accept out-of-district participants into our program with the registration and payment of \$1,200 annual maintenance fee. This fee, paid to NSRS, can be made in installments through your own park district or all at once. To pay in installments, you must make arrangements with the NSRS Program Director. If you have inquiries, please contact Mike McNicholas at (708) 207-0023.

REGISTRATION PROCEDURES

REGISTRATION INFORMATION: Neatly complete the registration form, filling in all appropriate spaces. Missing information will delay your registration. Registration and payment is accepted either by mail or brought to the NSRS South Office. Registrations are NOT accepted over the phone or at program sites. Mail your registration to NSRS South Office, 600 Oglesby Ave, Calumet City, IL 60409. Drop Off your registration at the NSRS South Office, Monday - Friday 10:00 am - 4:00 pm, located inside the Sandridge Fitness Center at 600 Oglesby Ave. Calumet City, IL 60409. Registration is on a first come first served basis.

FORMS OF PAYMENTS: Full payment must be included unless specific arrangements have been made with the NSRS full time staff. Checks make out to Special Recreation Services or cash are accepted. Please write participant name on the check. Confirmation of program enrollment will not be sent. You will be notified if a program is canceled or if placed on a waiting list. Fees will not be pro-rated for late or missing classes. Consideration will be made only if the participant is a new resident.

DELINQUENT ACCOUNTS: Participants will be denied participation if a balance remains from a previous season or a late pick-up fee has not been paid. Participants attending a program without prior registration and payment, a \$10 administration fee will be added to each program that is attended. This fee must be paid in full before registration will be taken.

REGISTRATION AND PAYMENT MUST BE MADE PRIOR TO ATTENDING A PROGRAM.
REGISTRATION AND PAYMENT WILL NOT BE ACCEPTED AT PROGRAMS.

New Star Recreation Services South Spring 2020 Registration

New Star Recreation Services requires that the following form be updated seasonally or a change in the participants health. Please complete this form in its entirety, return it with your completed registration and payment. You must have a current registration on file in order to participate in any NSRS activities. All information will remain confidential. ***Please read updated registration procedures on page 10.***

Participant Information

Name: _____ Birth Date: _____ Sex: _____
Address: _____ City: _____ State: _____ Zip Code: _____
Group Home: _____ Home Phone: _____ Cell Phone: _____
Park District: _____ Agency Affiliation: _____

Family/Guardian Information

Name: _____ Address: _____
City: _____ State: _____ Zip Code: _____ Home Phone: _____
Cell Phone: _____ E-mail: _____

Emergency Contact Information (other than parent/guardian)

Name: _____ Relationship: _____ Phone Number: _____
Name: _____ Relationship: _____ Phone Number: _____

Medical Information

Doctor Name: _____ Hospital: _____ Dr. Phone: _____
Diagnosis (check all that apply) _____ Developmental Delay _____ Autism _____ Down Syndrome _____ Mental Illness
_____ Vision Impairments _____ Learning Disability _____ Behavior Disability _____ Traumatic Brain Injury
_____ Spinal Cord Injury _____ Hearing Impairment _____ Physical Disability _____ Stroke
_____ Cerebral Palsy _____ Seizure Disorder _____ Type _____ Frequency
Other Impairments (explain): _____

Allergies: _____

Medication (type, dose & frequency) Use separate sheet if needed _____

Adapted Equipment: _____

Uses Wheelchair ___ Yes ___ No If Yes, ___ Manual ___ Electric Can participant transfer: ___ Yes ___ No

Does participant have a behavior program? ___ Yes ___ No If Yes, please attach a copy of behavior program plan.

Dietary restrictions: _____

Self Care; Please circle.

Eating	Independently	Monitoring	Requires assistance	Explain _____
Bathroom	Independently	Monitoring	Requires assistance	Explain _____
Dressing	Independently	Monitoring	Requires assistance	Explain _____
Mobility	Independently	Monitoring	Requires assistance	Explain _____

Is the participant clear of Atlantoaxial Instability (AAI) ___ Yes ___ No

Other considerations and information that will help the staff with program operations (likes-dislikes, fears and triggers) _____

Check only those programs you are registering for. Payment must accompany Registration Form.

✓	Fee	Program
	\$45	Little Guppies
	\$30	Exploring Nature
	\$35	Alley Cats 4-5 pm
	\$15	Music and Dance
	\$15	Sensory Play
	\$15	Groovin' to the Beat
	\$20	Super Soccer Stars
	\$10	Mom & Tot Sing Along & Dance
	\$154	Friday Night Socialites- ALL
	\$22	FNS- LWSRA Fiesta
	\$18	FNS- Cookie Bake-Off
	\$18	FNS- Astrology Night
	\$18	FNS- Kentucky Derby
	\$30	FNS- Sky Zone
	\$30	FNS- Spring Formal
	\$18	FNS- Movie Night
	\$40	SO Swim Training
	\$50	SO Softball
	\$15	Construction Day Picnic
	\$40	Making Waves
	\$25	Open Gym
	\$35	King Pin
	\$30	Craft Club
	\$30	Dinner Club

✓	Fee	Program
	\$20	Spring Fling Stag Dance
	\$35	Chicago Wolves
	\$25	Midwest Train Show
	\$18	Breakfast Buddies
	\$18	Matinee Movie
	\$30	Lighthouse Mall Trip
	\$10	Ready, Set, Hike!
	\$10	Disk Golf
	\$300	Discovery AM Only
	\$500	Discovery ALL Day
	\$300	Discovery PM Only
	\$300	Adventure AM Only
	\$500	Adventure ALL Day
	\$300	Adventure PM Only
	\$300	Explorers AM Only
	\$500	Explorers All Day
	\$300	Explorers PM Only
	\$85	Before Care
	\$85	After Care
	\$30	Field Trip Friday Before Care
	\$150	Field Trip Fridays
	\$30	Field Trip Friday After Care
	\$80	Session I Mini Camp
	\$80	Session II Mini Camp

Office Only

Total: _____ Paid by: _____
 Past Due: _____ Cash _____
 Credits: _____ Check# _____
 Final Cost: _____
 Payment: _____ Staff Initials/Date _____
 Remaining Balance: _____

Mail payment and registration to
NSRS 600 Oglesby Ave., Calumet City, IL 60409

Register in person at the NSRS South Office located in the
 Sandridge Fitness Center
 600 Oglesby Ave. Calumet City, IL 60409

I understand the nature of these programs for which I am registering, and have read and fully understand this waiver, release, and hold harmless agreement. I further understand that any advisements or warnings of the particular risks of these programs that I subsequently receive will be incorporated by reference into and become part of this agreement. On occasion, NSRS staff may photograph or video tape participants in programs or events. These photos are for NSRS use only and may be used in publications, brochures, pamphlets, flyers and/or videos. If you wish not to be photographed or videoed, please submit documentation stating otherwise. **Registration and payment must be made prior to attending a program. Registration and payment will not be accepted at programs.**

Registration and payment will not be accepted at programs or over the phone. Outstanding balance from a previous season must be paid in full before a new registration is taken.

Parent or Guardian Signature _____

Date _____

Participant Signature _____

Date _____

**Please continue to
write checks to SRS
until further notice.**

**Are you looking for a summer job
that is both fun and rewarding?**



**We'll look no further than NSRS
Summer Day Camp!**

NSRS is Hiring for Day Camp Counselors

Join us as we play games, swim, kayak, create masterpieces, and work on improving our culinary skills by preparing, then eating tasty new dishes. Share in exciting adventures to places like Joliet Splash Station, Washington Park Zoo, and Fair Oak Farms. You will accompany people who have unique abilities and learn what it is like to walk a mile in someone else's shoes.

- **Must be at least 18 years of age and have a high school diploma**
- **Enjoy working with people of varying ages and abilities**
- **Having fun while helping others**

New Star Recreation Services is an organization that specializes in providing therapeutic recreation opportunities for people who have different abilities in Broadview, Calumet City, Dolton, Maywood, Riverdale, and South Holland, Illinois. Look for us on Facebook and on our website at www.newstarrecreationsservices.com

**For more information please contact
Nancy DiGangi (708) 801-9966**

New Star Special Recreation welcomes Broadview and Maywood Park Districts to our NSRS family! We are growing and so excited to be bringing new programs and opportunities to more families. We will host day camps, along with Special Olympics programs, and special events! Other exciting programming will be coming soon, including an adult day program, art programs, adapted sports, and much more!



708-344-4740

www.maywoodparkdistrict-il.org/



NSRS MEMBER DISTRICTS



708-331-2940
www.southholland.org



708-343-5637

www.broadviewparkdistrict.net



708-849-5893

www.riverdaleparkdistrict.com



708-841-2111

www.doltonparkdistrict.org



708-868-2530

www.mycmpd.com

POSTMASTER: DATED MATERIAL PLEASE DO NOT HOLD



**NSRS South Office &
Mailing Address**

Sandridge Fitness Center
First Floor (Recreation Side)
600 Oglesby Avenue
Calumet City, Illinois 60409
Phone: 708-801-9966



Find us on
Facebook

New Star Recreation Services

WWW.NEWSTARRECREATIONSERVICES.COM

NSRS is working to expand services in our districts and in new areas of service. We welcome ideas for programs and events that would be of interest to our community. If you have a place you would like to visit, a new leisure skill we should try, or a new sport you think would be exciting to learn about, please contact any of our staff, we will make sure it gets into our next appropriate brochure. Some ideas we have tried based on past suggestions include learning to knit, adapted sailing, kayaking, group birthday parties, a trip to Niagara Falls and many more!

**Start your summer planning now!. NSRS
offers camp options to fit your busy lifestyle.**

Camp Discovery ages 5-11

Camp Adventure ages 12-17

Explorers ages 17+

Field Trip Fridays ages 12+

Mini Camp ages 12+

**More camp information can be found
on pages 8 - 9.**