

NSRS Winter 2021 Virtual Programming Registration Form

Name: _____ E-mail: _____

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
<p>Feb 1 Arts & Crafts:</p> <p>3-3:40pm Making calendars with Tania</p> <p>7-7:40pm Vision boards with Nancy & Tina</p>	<p>Feb 2 Bingo:</p> <p>3-3:40pm With Melissa</p> <p>7-7:40pm With Japhun</p>	<p>Feb 3 Fitness:</p> <p>3-3:40pm Aerobics with Tania</p> <p>7-7:40pm Easing into exercise with Nancy & Tina</p>	<p>Feb 4 Culinary:</p> <p>3-3:40pm Cold sandwiches</p> <p>7-7:40pm Chef's Surprise with Tina</p>	<p>Feb 5 Trivia:</p> <p>3-3:40pm Black History Jeopardy With Candy</p> <p>7-7:40pm Black History Jeopardy with Candy</p>	<p>Feb 6 Style/ Fashion:</p> <p>Style with Tina</p>	
<p>Feb 8 Arts & Crafts:</p> <p>3-3:40pm Making Valentine Cards with Tania</p> <p>7-7:40pm Valentine Hats with Ayyieh</p>	<p>Feb 9 Bingo:</p> <p>3-3:40pm With Melissa</p> <p>7-7:40pm With Japhun</p>	<p>Feb 10 Fitness:</p> <p>3-3:40pm Jump rope challenge With Tania</p> <p>7-7:40pm Working with weights with Nancy & Tina</p>	<p>Feb 11 Culinary:</p> <p>3-3:40pm Ham & cheese pinwheels with Nancy & Tina</p> <p>7-7:40pm Desserts around the globe with Tania</p>	<p>Feb 12 Trivia:</p> <p>3-3:40pm Valentine's Day Trivia with Candy</p> <p>7-7:40pm Valentine's Day Jeopardy With Candy</p>	<p>Feb 13 Style/ Fashion:</p> <p>Style with Tina</p>	
<p>Feb 15 Arts & Crafts:</p> <p>Black Artist Exhibit with Melissa</p> <p>7-7:40pm Beaded Snowflakes with Nancy & Tina</p>	<p>Feb 16 Bingo:</p> <p>3-3:40pm With Melissa</p> <p>7-7:40pm Fitness Bingo with Ayyieh</p>	<p>Feb 17 Fitness:</p> <p>3-3:40pm Indoor exercise with Tania</p> <p>7-7:40pm Stretching with Nancy & Tina</p>	<p>Feb 18 Culinary:</p> <p>3-3:40pm Southern Cooking with Melissa</p> <p>7-7:40pm Tortilla Soup with Tania</p>	<p>Feb 19 Trivia:</p> <p>3-3:40pm Chicagoland Trivia with Candy</p> <p>7-7:40pm Chicagoland Trivia with Candy</p>	<p>Feb 20 Style/ Fashion:</p> <p>Style with Tina</p>	
<p>Feb 22 Arts & Crafts:</p> <p>3-3:40pm Painting Scenery with Ayyieh</p> <p>7-7:40pm Masks from other cultures with Nancy & Tina</p>	<p>Feb 23 Bingo:</p> <p>3-3:40pm With Melissa</p> <p>7-7:40pm With Japhun</p>	<p>Feb 24 Fitness:</p> <p>3-3:40pm Aerobics Dance to Latin music with Tania</p> <p>7-7:40pm Chair Fitness with Nancy and Tina</p>	<p>Feb 25 Culinary:</p> <p>3-3:40pm Chilaquiles with Tania</p> <p>7-7:40pm Chef's Surprise with Tina</p>	<p>Feb 26 Trivia:</p> <p>3-3:40pm Black Culture Trivia with Candy</p> <p>7-7:40pm Black Culture Trivia With Candy</p>	<p>Feb 27 Style/ Fashion:</p> <p>Style with Tina</p>	


Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
March 1 Arts & Crafts: 3-3:40pm Marshmallow igloo with Melissa 7-7:40pm Mandala with Nancy & Tina	March 2 Bingo: 3-3:40pm With Melissa 7-7:40pm With Ayyieh	March 3 Fitness: 3-3:40pm Mindful Nature Walk with Nancy & Tina 7-7:40pm Working with weights with Nancy & Tina	March 4 Culinary: 3-3:40pm Healthy Pancakes with Tania 7-7:40pm Ice cream jello with Nancy & Tina	March 5 Trivia: 3-3:40pm Pop Culture Jeopardy with Candy 7-7:40pm Pop Culture Jeopardy with Candy	March 6 Style/ Fashion: Style with Tina	
March 8 Arts & Crafts: 3-3:40pm Superhero T-shirt with Melissa 7-7:40pm Working with colored pencils with Nancy & Tina	March 9 Bingo: 3-3:40pm Tina 7-7:40pm Japhun	March 10 Fitness: 3-3:40pm Superhero Workout with Melissa 7-7:40pm Working out with Tina	March 11 Culinary: 3-3:40pm Messy Rice Crispy Confetti balls with Melissa 7-7:40pm Chef's Surprise with Tina	March 12 7-7:40pm Movie Night with Melissa	March 13 Style/ Fashion: Style with Tina	

Call Nancy at (708) 207-9141 to register for programs.

Annual Information Form and payment is due the week of February 1st.

Office Only	Paid by:
Total: _____	Cash _____
Past Due: _____	Check# _____
Credits: _____	Staff Initials/Date _____
Final Cost: _____	Annual Info Form _____
Payment: _____	
Remaining Balance: _____	

Mail payment and Annual Information Form to

 **NSRS Attn: Nancy DiGangi** **NEW!**

1005 West End Ave., Chicago Heights, IL 60411

NSRS office hours will be limited. Please contact Nancy at 708-207-9141 to make an appointment to register in-person.

I understand the nature of these programs for which I am registering, and have read and fully understand this waiver, release, and hold harmless agreement. I further understand that any advisements or warnings of the particular risks of these programs that I subsequently receive will be incorporated by reference into and become part of this agreement. On occasion, NSRS staff may photograph or video tape participants in programs or events. These photos are for NSRS use only and may be used in publications, brochures, pamphlets, flyers and/or videos. If you wish not to be photographed or videoed, please submit documentation stating otherwise.

Registration and payment must be made prior to attending a program.

Registration and payment will not be accepted at programs.

Outstanding balance from a previous season must be paid in full before a new registration is taken.

Parent or Guardian Signature

Date

Participant Signature

Date

Please continue to write checks to SRS until further notice.